

Course Curriculum

Basic Level

A. Chanting

1. Ganapati Atharvashirsha
2. Medha Suktam
3. Purusha Suktam.
4. Durga Suktam.

B. Puja

1. Sankshipta purvanga puja
2. Ganesha puja
3. Guru Puja
4. Sarasvati puja
5. Shiva puja
6. Vishnu puja

C. Havana

1. Laghu homa vidhan
2. Gayatri homa vidhan

D. Orientation on history and philosophy of puja vidhanam

Advanced Level

A. Chanting

1. Narayana suktam
2. Sri Suktam
3. Rudram

B. Puja

1. Detailed purvanga Puja.
2. Durga Puja
3. Lakshmi Puja.
4. Rama Puja
5. Krishna Puja
6. Pancayatana Puja.
7. Ghatasthapana Puja.

C. Brhat Havana Vidhan

Tentative Daily Schedule

05:30 to 06:30 AM	Sandhya Vandana/ personal Upasana/ Svadhyaya
06:30 - 6:45 AM	Morning tea
06:50 to 07:50 AM	Suktam chanting
08:00 to 08:15 AM	Sri Sankara Aradhana in the Illom
08:15 to 9:00 AM	Breakfast
10:00 - 11:00 AM	Puja class
11:30 AM - 12:20 PM	Puja class
12:30 PM	Lunch
03:00 - 03:45 PM	Svadhyaya
04:00 - 05:00 PM	Puja class
06:20 to 6:45 PM	Arati , Bhajan and chanting at Temple
07:00 to 8:00 PM	Satsang/ Svadhyaya
08:00 to 9:00 PM	Dinner
09:00 - 10:00 PM	Svadhyaya