

Pañcadaśī (Chapter 3) – Pañcakośa-viveka-prakarāṇa

Sample Questionnaire

Choose the most appropriate answer. Mark only one.

Marks 1 (1*1)

1. Which of the following is necessarily required for the experience of happiness?

- Contact and enjoyment of an object of one's liking
- Knowledge of the scriptures
- Having a lot of wealth
- Having good health
- Manifestation of puṇya

Match the following.

Marks 5 (1*5)

A

B

- | | |
|-------------------------|---------------------|
| (a) Bhokṭṛ-rūpa | 1) Vijñānamaya-kośa |
| (b) Karaṇa-rūpa | 2) Annamaya-kośa |
| (c) Śakti- or ūrjā-rūpa | 3) Manomaya-kośa |
| (d) Anna-kārya-rūpa | 4) Ānandamaya-kośa |
| (e) Kartṛ-rūpa | 5) Prāṇamaya-kośa |

Choose the correct statements. Check all that apply.

Marks 2 (1*2)

1. Which of the following are common for priya, moda, pramoda and nidrā-ānanda?

- They are all generated because of puṇya.
- There is no difference in the ānanda experienced through them.
- They are all vṛttis of the ānandamaya-kośa.
- They are all triggered by an external object.
- They are all impermanent.

State True or False (T/F)

Marks 1 (1*1)

1. The nidrā-rūpa-ānanda (happiness of deep sleep) is due to the manifestation of puṇya.